



Orchard Park Senior Center

4520 California Road
Orchard Park, NY 14127



JANUARY 2021

PHONE

716-662-6452

EMAIL

opsenior@orchardparkny.org

CENTER HOURS

8:30 a.m. – 4:00 p.m.

**Deputy Town
Supervisor
Joseph Liberti**

**Senior Council
Member
Eugene Majchrzak**

**Council Member
Conor Flynn**

**Director
Debbie Santiago**

**Program Coordinator
Maria Galley**

**Kitchen Manager
Kevin Kornowicz**



Reminder

Due to the COVID-19 pandemic the Orchard Park Senior Center may change and / or cancel recreational activities to ensure we are following ForwardNY guidelines.

Notes from Debbie . . .

I am sure you have noticed that our schedule has changed many times since we re-opened in August. The changes are necessary due to the guidelines we receive from ForwardNY. Our priority is ensuring the health and safety of our members. We appreciate your understanding and patience as we continue to follow all guidelines from ForwardNY and Erie County.

We rely on email and Facebook to give our members up to date schedule changes after we have sent the monthly newsletter. If you have not been receiving our emails and would like to, please email the senior center at opsenior@orchardparkny.org and request that we add your email to your membership information. **Maria, Kevin and I would like to wish everyone a very Happy and HEALTHY New Year!**

COVID-19 Travel Advisory Revised

Governor Andrew M. Cuomo announced new guidelines allowing out-of-state travelers to New York to "test out" of the mandatory 14-day quarantine. Travelers from states that are contiguous with New York will continue to be exempt from the travel advisory; however, covered travelers must continue to fill out the Traveler Health Form. Essential workers will continue to be exempt as well. The new protocol is effective today.

For any traveler to New York State from out of state, exempting the contiguous states, the new guidelines for travelers to test-out of the mandatory 14-day quarantine are below: For travelers who were in another state for more than 24 hours:

- Travelers entering New York State after being in another state for 24 hours or longer must take a COVID-19 diagnostic test within three (3) days prior to departure from that state.
- The traveler may then enter New York State (even, it appears, if he or she has not yet received the results from the first test) and must quarantine for three days.
- On the fourth day in New York State, the traveler must take a second COVID-19 diagnostic test.
- The traveler must then continue to quarantine until both test results come back negative; once that occurs, the traveler is no longer required to quarantine.
- For travelers who were in another state for less than 24 hours:
- The traveler does not need a test prior to their departure from the other state and does not need to quarantine upon arrival in New York State.
- However, the traveler must fill out the traveler information form upon entry into New York State, and take a COVID diagnostic test 4 days after their arrival in New York.

Local health departments will validate tests and if a test comes back positive, will issue isolation orders and initiate contact tracing. The local health department must make contact with the state the traveler came from, to ensure contact tracing proceeds there as well. All travelers must continue to fill out the traveler information form upon arrival into New York State.

IMPORTANT PHONE NUMBERS

AARP 1-800-424-3410
EPIC 1-800-332-3742
Erie County Adult Protection 858-6877
Erie County Senior Services 858-8526
Social Security 1-800-647-9195
Town Clerk 662-6410
Supervisors Office 662-6400
Meals on Wheels 822-2002

TRANSPORTATION

Rural Transit 662-8378
Going Places Van 858-7433

SENIOR CENTER MONTHLY NEWSLETTER

The monthly newsletter provides news of upcoming programs and events and other important information about the Orchard Park Senior Center.

- The newsletter is available online on the town website <https://www.orchardparkny.org/departments/senior-center/>.

When entering the building please remember to bring your My Senior Center Membership Tag to show staff when registering.

**We're on FACEBOOK !!**

Facebook is an amazing way for us to stay connected, see our friends, and to share senior center opportunities and events! LIKE & SHARE and stay connected!





**SENIOR CENTER CLOSED
MONDAY, JANUARY 18TH
MARTIN LUTHER KING JR. DAY**

Learn How To Use ZOOM
Thursday, January 21st at 1:30 pm
Monday, January 25th at 1:30 pm
Thursday, January 28th at 1:30 pm

This free class will allow you to learn how to use Zoom. Zoom is a free service that lets you video chat with large groups of people on your computer or mobile device.

This will be a small class of five (5) members and a staff member to teach you the basics of Zoom:

- * How to receive a Zoom link via email to participate in a hosted meeting or class.
- * How to log in to the Zoom class
- * How to use sound and video.

At the end of the class we will cover how to host a Zoom meeting too. Contact the office to register to attend.



BOOK GROUP

Theresa Wiater, retired teacher, Clarence Center Elementary School and excellent instructor for University

Express generously offered to be our new book group facilitator to lead the discussion. Register with the office if you plan on attending.

January Book Group
Monday, January 25th at 10:30 am
My Sister's Keeper by Jodi Picoult

It tells the story of thirteen-year-old Anna Fitzgerald, who sues her parents for medical emancipation when she discovers she is supposed to donate a kidney to her elder sister Kate, who is gradually dying from acute leukemia. *Offered on Zoom too - contact the senior center for the link.*

February Book Group
Monday, February 22nd at 10:30 am

Two timelines converge to tell the story of Kya Clark, who grows up in the marshes of North Carolina and is eventually implicated in a murder case.

March Book Group
Monday, March 22nd at 10:30 am
The Gown by Jennifer Robinson

A Novel of the Royal Wedding by Jennifer Robson is a moving story about loss, survival but most of all—love. While the story centers around the making of Queen Elizabeth's wedding gown, it follows the people behind the scenes making her gown.

Documentary Film & Discussion

Join us as we watch a documentary and Theresa Wiater will lead a discussion of the film. Episodes vary in length and leave time for discussion. Space will be limited to 9 members.

100 Humans Documentary
Monday, January 11th at 12:45 pm

The Best Age to be Alive. The hosts make surprising discoveries when 20, 30, 40, 50, and 60- something compete against each other in assembling furniture and other tests.



Challenger Docuseries
4 part series

Mondays at 12:45 pm

This docuseries chronicles the buildup and aftermath of the devastating Space Shuttle Challenger disaster on Jan. 28, 1986.

Challenger: Space for Everyone
Monday, February 8th at 12:45 pm

The new Space Shuttle program captivates America and draws a diverse, determined crop of astronauts. But safety issues arise out of public view.

Challenger: Help
Monday, February 22nd at 12:45 pm

To revive public interest, NASA chooses teacher Christa McAuliffe to be the first civilian on the Shuttle. Issues with the solid rocket boosters linger.

Challenger: A Major Malfunction
Monday, March 1st at 12:45 pm

After several delays, the crew prepares for launch as engineers and NASA officials tensely discuss concerns about the O-rings and a cold weather launch.

Challenger: Nothing Ends Here
Monday, March 8th at 12:45 pm

Challenger's shocking explosion devastates the families of the crew as well as millions watching live, and an investigation puts NASA on the defensive.

You must pre-register to attend.
Pre-register for one or for all!

Senior PICKLEBALL !! New Schedule as of 12/28/20

Monday & Friday Beginners Only 1:00 pm - 3:00 pm

Monday and Friday (only) Open Play 10:00 am - Noon pm

Tuesday, Wednesday & Thursday Open Play 1:00 - 3:00 pm

All members must make a reservation over the phone or in person with the senior center for open pickleball play prior to the day you are registering for.

Cost is \$4.00. Limit of 6 per court.

- ◇ All participants must wear a mask when playing pickleball.
- ◇ All participants are required to enter through the front doors (by flagpole).
- ◇ Do not arrive more than 15 minutes before your scheduled open play time.
- ◇ Check in at front desk to comply with NYS guidelines prior to going to gymnasium.
- ◇ Wash your hands with soap and water and bring personal use hand sanitizer to the courts.
- ◇ If using senior center paddles please wipe down paddles before returning to office. Do not share paddles or any other equipment.
- ◇ Bring a full personal use water bottle(s). Water bottle filling station available - water fountains are closed.
- ◇ Consider wearing gloves during play to avoid picking up pickleballs with your hands.

FITNESS ROOM is OPEN!



Monday thru Friday
(limit of 4 members per time slot)

9:00 - 9:45 am
10:15 - 11:00 am
11:30 - 12:15 pm
12:45 - 1:30 pm
2:00 - 2:45 pm

The Orchard Park Community Activity Center is designed to give members a clean, safe, and enjoyable place to exercise for general fitness purposes.

All participants must have a signed a fitness room waiver on file, read a copy of the rules and regulations, and complete a fitness room orientation session **before** using the fitness room. Fitness room orientations are scheduled on Tuesdays and Thursdays at 3:30 pm. Please contact the center to register for an orientation.

- ◇ In order to access the fitness room, participants must make a reservation, 45 minutes time slots will be available during open hours (four participants will be permitted in the fitness room at a time).
- ◇ Reservations can be made over the phone or in person.
- ◇ All participants are required to enter through the front doors (by flagpole), check in at front desk to comply with NYS guidelines prior to going to fitness room.
- ◇ Fitness room participants are permitted to make reservations for one time slot per day, or 5 reservations per week. Participants who are unable to attend their reservation should contact the Senior Center in a timely manner.
- ◇ Face masks/coverings are required to be worn in common areas of the Community Activity Center and in the fitness room.
- ◇ Participants are required to use the cleaning wipes provided to disinfect all used equipment before using the equipment and at the completion of their workout.
- ◇ Free weights will not be available for use.
- ◇ Only water bottles or other sports drinks contained in non-breakable spill-proof containers are allowed in the fitness room. Consider bringing a full personal use water bottle(s). Water bottle filling station available - water fountains are closed.



AARP Foundation Tax Aide

The AARP Foundation Tax Aide Program is a free volunteer-run tax preparation service for taxpayers with **low** to **moderate** incomes with special attention to those 50 and over. For the 2020 tax season there will be many changes due to the Coronavirus pandemic.

**Tax preparation will be by appointment only - no walk-in service -
No requests for appointments will be honored before January 19, 2021**

**Appointments may be made by phone at 716-662-6400 ext. 1105 (by leaving a message)
or email at optaxappt@gmail.com**

The following information is required either by phone or email:

- ♦ Name of primary taxpayer as listed on a previous tax return
- ♦ Phone number you normally use for incoming calls
- ♦ First and Second choice of dates
- ♦ First and Second choice of AM or PM

Note: No guarantee of preferred date or time. Your appointment will be confirmed over the phone or by email by a volunteer. For individuals who did not complete a 2019 tax return, please indicate that you need your 2019 and 2020 tax returns prepared in your phone message or email

- * All volunteers and clients must following all state and local guidelines (wear a face covering/mask, complete a COVID form, have their temperature taken, and remain socially distanced).
- * Due to limitations on occupancy and volunteers, only returning clients will be allowed the use of this service this year.

PLEASE NOTE: All information above is subject to change

Erie County Senior Services is offering Virtual Workshops!

Choose Healthy with Diabetes

6 Tuesday Sessions – February 2nd – March 9th – 1:00-3:30 p.m.

6 Friday Sessions – May 7th – June 11th – 9:30 a.m.-12:00 p.m.

Choose Healthy

6 Wednesday Sessions – March 10th – April 14th – 1:00-3:30 p.m.

You will receive a 1:1 Tech Support call prior to the first session!

No Cost to Participate! *Requirements: You must have a computer or tablet with internet access and an e-mail address to attend, and you must plan to attend all 6 sessions.

Attend one of these 6-week evidence-based workshops and discover how to: Cope with pain, fatigue & stress, Eat well and manage weight, Set goals for improving health, Explore new treatment options, Effectively communicate with your doctor & FEEL GREAT AGAIN!

Includes a Free Resource Book and Relaxation CD! Spaces Are Limited!

To Sign Up or for more information:

Call Erie County Senior Services: 716-858-7470 or e-mail Janice.Nowak@erie.gov



ERIE COUNTY STAY FIT DINING PROGRAM OFFERING FROZEN MEAL OPTION

The Erie County Stay Fit Dining Program congregate lunch site will be on pause until further notice. As a healthy alternative, FROZEN MEALS will be available for curbside pick-up once a week for registered participants. Milk and dessert will be included with each meal. Just like the Stay Fit Dining Program, the suggested contribution is \$3 per meal, but no one will be turned away for lack of ability to pay. Your contribution will be collected when you pick up your meals.

There is a 3 meal per week and 5 meal per week option. You can pick which option works best for you each week.

This program IS available to Seniors all over Erie County, who are able to come and pick up their meals for the week, even if you've never participated in the Stay Fit Dining Program before.

You do NOT get to select your individual meals at this time - they will come in a "meal pack" labeled clearly and will include instructions on how to reheat them. Entrée items will include things like meatballs & gravy, pulled pork, chicken breast, chicken tenders, and various others that have been tested and freeze well.

If you would like more information or would like to sign up, please call Kevin at 662-6452 (option 3).

Weekly reservations must be called in no later than 11:00 am on the Wednesday of the week before.

MEALS WILL THEN NEED TO BE PICKED UP ON MONDAY MORNING between 9:00 - 9:30 am at the front entrance of the senior center.



Spend an afternoon at the movies.

Reserve lunch by calling 662-6452 and then stay for the movie at 1 pm.

Wed 1/6 & Thu 1/7 Critical Thinking (NR) In Miami's inner-city, teacher Mario Martinez steps up to coach Miami Jackson High School's struggling chess team, helping the ragtag group of teens to qualify for and claim victory at the 1998 United States National Chess Championship.

Wed 1/13 & Thu 1/14 Mulan (PG-13)

An epic journey unfolds after Hua Mulan decides to disguise herself as a man to replace her father in the Imperial Chinese Army. As she strives for honor and glory in the battle against the Huns, she must also keep her true identity hidden from her superiors and comrades.

Wed 1/20 & Thu 1/21 The Net (PG-13) A computer programmer stumbles upon a conspiracy, putting her life and the lives of those around her in great danger.

Wed 1/27 & Thu 1/28 Primal (R) An exotic animal hunter's life and livelihood are placed in jeopardy when a dangerous political assassin who is being extradited to the United States of America breaks free from his confines and sets a prized white jaguar loose on all of the ship's crew.

CARDS & GAMES

All members must register to attend all activities.



Bridge Mondays at 12:30 pm - 2:30 pm
Must register ahead for a seat at a table

Scrabble Mondays at 1:00 - 3:00 pm

Hand & Foot Wednesdays at 9:30 am - 1:30 am

Dominoes Thursdays at 9:45 am - 11:45 am

Euchre Fridays at 9:45 am - 11:45 am

Mah Jong Fridays at 12:45 pm - 2:45 pm

Pinochle Fridays at 1:00 pm - 3:00 pm

Masks are required to be worn during the whole game and hand sanitizer is readily available.



Shuffleboard
2 Courts Available for Play
Mondays & Wednesdays
9:00 - 10:30 am

Register ahead to participate.
Masks are required to be worn during the whole game and hand sanitizer is readily available.

WEEKLY SCHEDULE OF EVENTS AT THE SENIOR CENTER

* Reminder: schedule may change due to ForwardNY guideline *

All members must pre-register prior to the day of the activity.

All members must wear a face covering/mask and follow all social distancing guidelines to participate.

MONDAYS	TUESDAYS	WEDNESDAY	THURSDAY	FRIDAY
9:00 Pool Shooting Rm 110	8:45 Men's Exercise Rm 156	8:45 Men's Exercise Rm 158	8:45 Men's Exercise Rm 158	9:00 Pool Shooting Rm 110
9:00 Library (books, puzzles & computer usage)	9:00 Pool Shooting Rm 110	9:00 Pool Shooting Rm 110	9:00 Pool Shooting Rm 110	9:00 Library (books, puzzles & computer usage)
9:00 Shuffleboard Rm 118	9:00 Library (books, puzzles & computer usage)	9:00 Library (books, puzzles & computer usage)	9:00 Library (books, puzzles & computer usage)	9:00 Open Walking Rm 118
9:00 Open Walking Rm 118	9:00 Open Walking Rm Gymnasium	9:00 Shuffleboard Rm 118	9:00 Open Walking Rm 118	9:30 Ladies Exercise <i>*Class resumes 1/15*</i> Rm 158
9:00 Medit. & Yoga Rm 156	9:30 Ladies Exercise <i>*Class resumes 1/12*</i> Rm 158	9:30 Hand & Foot Rm 128	9:30 Ladies Exercise <i>*Class resumes 1/14*</i> Rm 156	9:45 Euchre Rm 128
10:00 Open Pickleball \$4.00 Rm Gym	10:30 Int Line Dance \$3.00 per class Rm 156	10:00 Beginner Line Dance \$2.50 per class Rm 158	9:45 Dominoes Rm 128	10:00 Cardio& Tone <i>*Class resumes 1/15*</i> Rm 158
10:30 Wii Bowling Rm 126	10:30 Facebook Live&Zoom Club 99	11:00 Open Walking Rm 118	10:00 Int Tap Dance Rm 158	10:30 Art with Friends Rm 106
11:00 Open Walking Rm 118	11:00 Open Walking Rm 118	11:30 Yoga Rm 156	11:00 Open Walking Rm 118	10:00 Open Pickleball \$4.00 Rm Gym
12:30 Pool Shooting Rm 110	11:15 Tap Steps \$3.00 per class Rm 158	12:30 Pool Shooting Rm 110	12:30 Pool Shooting Rm 110	11:00 Open Walking Rm 118
12:30 Bridge Rm 128	Noon Beginner Tap \$4.00 per class Rm 158	1:00 Movie Rm 126	1:00 Movie Rm 126	12:30 Pool Shooting Rm 110
12:45 Arthritis Tai Chi Rm 158	12:30 Pool Shooting Rm 110	1:00 Library (books, puzzles & computer usage)	1:00 Library (books, puzzles & computer usage)	12:45 MahJong Rm 126
1:00 Scrabble Rm 127	1:00 Bingo \$1.00 / board Rm 127	1:00 Open Walking Rm 118	1:00 Open Walking Rm 118	1:00 Pinochle Rm 128
1:00 Mind Aerobics Rm 106	1:00 Library (books, puzzles & computer usage)	1:00 Open Pickleball \$4.00 open play Rm 156	1:00 Open Pickleball \$4.00 Rm 156	1:00 Library (books, puzzles & computer usage)
1:00 Open Walking Rm 118	1:00 Open Walking Rm 118			1:00 Open Walking Rm 118
1:00 Beginners Only Pickleball \$4.00 Rm 156	1:00 Open Pickleball \$4.00 Rm 156			1:00 Beginners Only Pickleball \$4.00 Rm 156

IN PERSON CLASSES OFFERED AT THE ORCHARD PARK SENIOR CENTER

Reminder: Pre-registration is required for ALL classes, activities & events.

Beg. Line Dance Wednesdays at 10:00 am

Those who have always wanted to learn how to line dance but, have not had the time, place or the opportunity to do so, may join. Line dancing is great exercise and a wonderful way to meet new friends.
Cost is \$2.50 per class.

Inter. Line Dance Tuesdays at 10:30 am

Those who have always wanted to learn how to line dance but, have not had the time, place or the opportunity to do so, may join. Line dancing is great exercise and a wonderful way to meet new friends.
Cost is \$3.00 per class.

Beginner Tap Step Class Tuesdays at 11:15 am

Want to *learn* how to make music with your feet? In this class you will go back to the basics and learn basic tap steps. Cost is \$3.00 per class.

Beginner Tap Dance Tuesdays at Noon

Classes are designed for those who have always wanted to learn to tap dance, or who have previously tap danced and want to tap again.
Cost is \$4.00 per class.

Inter. Tap Dance Thursdays at 10:00 am

Classes are designed for those who have previously tap danced and want to tap again.
Cost is \$4.00 per class.

Meditation & Gentle/ Restorative Yoga Mondays at 9:00 am

This class will combine the calming benefits of meditation with gentle stretching and yoga postures. Instructor Irene Kulbacki-CYT will guide you through a seated meditation followed by yoga postures that will help to improve your flexibility, strength, and balance. (chair modifications available).

Yoga Wednesdays at 11:30 am

Yoga improves breathing, increases flexibility and focuses on relaxing the entire body using meditation and stretching; your body and mind will thank you for it. Cost is \$4.00 pay as you go.

B I N G O !! Tuesdays at 1:00 pm

Bring a friend and join us for a fun filled hour of bingo.
All boards are \$1.00. All are welcome!

Wii Bowling

Mondays at 10:30 am

Wii bowling attracts the feeling and effects of being in a real bowling alley, right in the senior center. It simulates real-life bowling by using simple motion controls - bowling the ball is as easy as flicking your wrist.

Mind Aerobics

Mondays at 1:00 pm

Join us for a fun filled hour! Research has shown brainteasers, word puzzles, critical thinking, and trivia often delay the onset of Alzheimer's. Join the group for laughs and a mental workout which will keep you fit. Everyone is Welcome!!

Shuffleboard

Mondays & Wednesdays 9 - 10:30 am

Shuffleboard is a fun game with the objective to use the shuffleboard cue to propel the pucks into the scoring zone in order to win points.

Open Walking Mondays - Fridays

see weekly schedule for days & times

With the weather changing the senior center offers a safe space to get out and stretch your legs.
Face masks must be worn when walking.

Men's Fitness

Tuesday, Wednesday & Thursday 8:45 - 9:45 am

Regular exercising with others motivates you to work toward a healthy lifestyle. Take the first step in living a healthy life by showing up for the Men's Fitness program.
Cost is \$2.00 pay as you go.

Cardio and Tone Fridays at 10:00 am

This full body workout uses movement and steps to condition and tone your body. Workout to current hit music and your favorites from the past.
This is a great class for all fitness levels.
Cost is \$4.00 pay as you go.

Ladies Exercise class resumes as of 1/12

Monday, Wednesday and Friday at 9:00 am

**Please wear comfortable clothes and bring a mat.*

This program uses stretching, aerobic and floor exercises tailored specifically for the needs of those 60+ years. Exercising with friends encourages you to lead a healthy and more energetic life.

CLUB 99 OFFERED VIA ZOOM & FACEBOOK LIVE

Club 99

Tuesdays at 10:30 am

FACEBOOK LIVE & ZOOM

Join Barb as she facilitates Club 99 which is a free fitness program. This exercise program utilizes resistance bands, light weights and can be done seated, standing or a combination of both.

Zoom Link: <https://zoom.us/j/98201595632?pwd=YjFPektBMmk1anZwYzA0eUxHTHNDdz09>



STAY ENGAGED & RENEW YOUR MEMBERSHIP!!!

All 2020 Orchard Park Senior Center memberships will expired on December 31st. Your membership entitles you to participate in the many classes, programs, activities, and events offered at the Orchard Park Senior Center. Your membership also includes the use of the fitness room too.

Renew your membership before December 31st!
Memberships may be renewed in the Center office.

Do you know someone who might enjoy being a member of the Senior Center?

Monthly newsletters are available in the office to hand out for information. Becoming a member is easy ... all you have to do is complete a form. Resident's membership fee is waived (proof of residency required) and non-residents pay \$30.00 per calendar year. Your membership fee can be waived if you have either Silver Sneakers or Silver and Fit. To have your membership fee waived using your Silver Sneakers or Silver & Fit benefit, please bring your fitness id # (you receive this id # from your health insurance carrier) with you when you complete your membership application.



Learn to Play Shuffleboard

Monday, January 11th at 9:00 - 10:30 am
Monday, January 25th at 9:00 - 10:30 am

All members must pre-register to participate. Masks are required and must be worn during the whole game and hand sanitizer is readily available. Two courts available for play and each court is limited to 4 members.

**THANK YOU TO
COREY PEPERO, OWNER OF 716
FRESH WHO PUT TOGETHER A
DELICIOUS HOLIDAY MEAL FOR
US IN DECEMBER!**

Medicare Advantage Plans

Univera Healthcare One on One Meeting

January 14th 10 am - 1 pm

Contact Michele at 716-572-8315 to make an appointment to meet one on one.

*Please contact the health insurance representative
directly as they are not scheduled at the
Senior Center in January.*

Blue Cross / Blue Shield

John at 716-887-8832

United Healthcare

Ron at 716-60-1118 ext 2

Independent Health

Michele at 716-635-7860

Aetna

Anthony at 585-362-1242



REFRESHER BRIDGE CLASS

**Monday, January 4th
12:30 - 2:30 pm**

We are offering a single one hour refresher course for those Bridge players who:

- ♦ are returning to Bridge after an absence
- or
- ♦ who are currently playing Bridge elsewhere and would like to know how the game is played at the OP Senior Center.

Some of the topics that will be covered are:
Duplicate Bridge, Chicago bridge, current scoring method (ACBL), use of bidding boxes, popular conventions.

NOTE: This is not a class to teach beginners how to play bridge, or to teach experienced players how to improve their game.

Space is limited to 8 participants.

Orchard Park Senior Center Closing Information

If you want to know if Center activities will be cancelled during bad weather, listen for “weather closing” announcements on WGRZ-TV, WKBW-TV, WIVB-TV and WBEN radio.

You may also call the Center at 662-6452 or the Supervisor’s office at 662-6400 to learn if the Center is closed. Also, please check our Facebook page.

We DO NOT follow the Orchard Park School calendar or their closings.



Orchard Park Senior MEMBERSHIP!!!

All 2020 Orchard Park Senior Center memberships expired on December 31st. Your membership entitles you to participate in the many classes, programs, activities, and events offered at the Orchard Park Senior Center and your membership also includes the use of the fitness room too.

Start the year with a membership to the Senior Center or renew your membership so you don’t miss out on all the activities and events.

Orchard Park Senior Center

4520 California Road

Orchard Park, NY 14127
