

Erie County Stay Fit Dining Program

Standard Menu

May 2020

Monday	Tuesday	Wednesday	Thursday	Friday
27 Chicken Vegetable Casserole with a Biscuit Broccoli Cinnamon Streusel Cake (739)	28 Hot Dog with Baked Beans & Ketchup on a Bun Roasted Red Potatoes Carrots Pineapple (676)	29 ENTRÉE SALAD Grilled Chicken Breast with Garden Greens & Ranch Dressing Rye Bread Fresh Apple  Chocolate Milk (774)	30 Lasagna Roll with Meatsauce California Mixed Vegetables Grape Juice Dinner Roll Lemon Bavarian (757)	1 Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pearl Onions Wheat Bread Chocolate Chip Cookies (779)
4 Cheese Omelet with Peppers, Onions, Tomatoes & Cheese Sauce Tater Tots Raisin Bread Fruit Compote (777)	5 Boneless Chicken Breast with Gravy Mashed Sweet Potatoes Peas Dinner Roll Cinnamon Pear Crisp (687)	6 Mother's Day Lunch Breaded Pork Chop with Gravy Mashed Potatoes with Chives Carrots  Chef Salad with Dressing Cheesecake with Strawberry Topping (946)	7 ENTRÉE SALAD Cranberry Chicken Salad on a Bed of Fresh Salad Greens Whole Wheat Dinner Roll Pineapple & Mandarin Oranges (658)	8 Teriyaki Beef on a Bed of Rice Oriental Vegetables Pineapple Juice Fresh Apple Chocolate Milk (662)
11 Breaded Chicken Breast with Herb-seasoned Gravy Fresh Roasted Red Potatoes French Bean Medley Dinner Roll Fresh Orange (543)	12 Stuffed Shells with Tomato Meatsauce & Mozzarella Seasoned Spinach with Mushrooms Cauliflower Italian Bread Sugar Cookies (841)	13 BBQ Pork Ribette Scalloped Potatoes Peas with Red Pepper Dinner Roll Chocolate Bavarian (865)	14 ENTRÉE SALAD Tuna Macaroni Salad on a Bed of Fresh Salad Greens Whole-grain Crackers Strawberry Gelatin with Mandarin Oranges (671)	15 Lunch & Learn West Seneca Senior Center Breaded Chicken Drumsticks Macaroni & Cheese California Mixed Vegetables Whole Wheat Dinner Roll Chef Salad with Dressing Chocolate Éclair (961)
18 Ham Steak with Pineapple Topping Sweet Potatoes Creamy Dill Cabbage Whole Wheat Dinner Roll Shortbread Cookies (692)	19 Beef Stew with a Biscuit Brussels Sprouts Cinnamon Applesauce  Chocolate Milk (675)	20 Cheese Tortellini with Chicken & Cream Sauce Carrots Italian Vegetables Italian Bread Strawberry Bavarian (574)	21 Turkey with Stuffing & Gravy Garlic Mashed Potatoes Green Bean Casserole Cranberry Gelatin Salad Fresh Apple (761)	22 Memorial Day Lunch BBQ Chicken Quarter Corn-on-the-Cob Broccoli & Cauliflower Macaroni Salad Dinner Roll Strawberry Swirl Ice Cream (1013)
25 No Meals Served 	26 Sloppy Joe on Wheat Roll Fresh Red Potatoes California Blend Vegetables Tropical Fruit (658)	27 Sliced Roast Beef with Horseradish & Gravy Cheesy Mashed Potatoes Carrots Rye Bread Fresh Banana (818)	28 ENTRÉE SALAD Chicken Caesar Salad with Caesar Dressing Whole Wheat Dinner Roll Mandarin Oranges (810)	29 Beer Battered Fish with Tartar Sauce German Potato Salad Mixed Vegetables Coleslaw Cornbread Ambrosia (837)

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