

Erie County Stay Fit Dining Program

Standard Menu

June 2020

Monday	Tuesday	Wednesday	Thursday	Friday
1 Rotini with Meatballs, Tomato Sauce & Mozzarella Cauliflower Seasoned Spinach Fruit Cocktail  Chocolate Milk (776)	Lunch & Learn 2 Concord Senior Center Cranberry Chicken Salad on a Bed of Fresh Salad Greens Dinner Roll Lemon Meringue Pie  (851) 	3 Turkey with Stuffing & Gravy Mashed Sweet Potatoes Peas Cranberry Gelatin Salad Lorna Doones (799)	4 Stuffed Pepper with Tomato Meatsauce Mashed Potatoes Normandy Mixed Vegetables Dinner Roll Chocolate Mousse (674)	5 Roast Pork with Cinnamon Apples Mashed Potatoes Carrots Wheat Bread Frosted Spice Cake (770)
8 Turkey a la King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (742)	9 ENTRÉE SALAD Julienne Salad with Classique Dressing Rye Bread Gelatin with Mandarin Oranges (627) 	10 Baked Salmon with Pineapple Salsa Vegetable Rice Pilaf Broccoli Cornbread Marinated Tomatoes Baked Pear Crisp (859)	11 Chicken Parmesan with Penne Pasta & Tomato Sauce Wax Beans Chef Salad with Dressing Tropical Fruit (615)	12 Flag Day Lunch Steakhouse Burger with Gravy on a Wheat Roll Lima Bean Bake Fruit Punch Potato Salad Strawberry Shortcake with Whipped Topping (1057) 
15 Italian Sausage with Peppers, Onions & Tomato Sauce on a Bun Roasted Red Potatoes Mixed Vegetables Pineapple (597) 	16 Vegetable Lasagna with Cream Sauce Italian Green Beans Cauliflower Dinner Roll Frosted Cherry Cake (828)	17 Father's Day Lunch Breaded Chicken Drumsticks Au Gratin Potatoes Peas Wheat Dinner Roll Chef Salad with Dressing Chocolate Cream Pie (1167) 	18 Meatloaf with Gravy Mashed Potatoes Broccoli White Bread Vanilla Mousse (822) 	19 ENTRÉE SALAD Tuna Macaroni Salad with Fresh Salad Greens Whole-grain Crackers Fresh Apple Chocolate Milk (780)
22 BBQ Pork Ribette on a Bun Cheesy Mashed Potatoes Seasoned Mixed Greens Glazed Lemon Cake (950) 	23 Welcome Summer! Chicken, Mandarin Orange & Sunflower Salad with Fresh Spinach Greens Whole-grain Crackers Ice Cream Sandwich (713) 	24 Beef Macaroni Casserole California Mixed Vegetables Corn Rye Bread Fruit Compote Chocolate Milk (847) 	25 Roasted Turkey Breast with Stuffing & Gravy Mashed Potatoes Peas & Carrots Cranberry Gelatin Salad Oatmeal Raisin Cookies (885)	26 Breaded Fish with Tartar Sauce on a Whole Wheat Bun Macaroni & Cheese Italian Green Beans Coleslaw Mandarin Oranges (924)
29 Cheese Ravioli with Meatsauce Peas Seasoned Squash with Peppers Italian Bread Peaches Chocolate Milk (813) 	30 Quarter Chicken with Gravy & White Rice Carrots Cauliflower Sugar Cookies (780)	1 Roast Beef with Gravy & Horseradish Sweet Potatoes Savory Cabbage Rye Bread Frosted Marble Cake (811)	2 Independence Day Lunch Hot Dog with Baked Beans & Mustard on a Bun Corn-on-the-Cob Fruit Punch Vegetable Pasta Salad Cherry Pie with Whipped Topping (1098)	3 No Meals Served 

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